

## **NYSA Youth Development Program (YDP)**

### **Goals:**

Increase overall numbers in recreational and U11 competitive tryouts  
Create better coaching education for recreational coaches  
Reach and identify all NYSA players

All U8-U9 NYSA players will be a part of the YDP

Registration will be \$85 for all U8-U10 players

### **U8 YDP**

- Teams will be formed by using U8 NYSA Guidelines.
- Each team will have volunteer coach that will train team once per week.
- Second training session will be with NYSA professional staff in an age group stations training format.
- All training session will be one hour in length.
- All players will be required to wear YDP training kit to all practices (provided by NYSA)
- Volunteer coach will coach team on weekend games.

### **U9 YDP**

- Teams will be formed by using U9 NYSA Guidelines
- Each team will have a volunteer coach and be assigned one NYSA staff coach
- Teams will train once with teams where both staff and volunteer coach will attend.
- Second training session will be with NYSA professional staff in an age group stations training format.
- Players will have the option of having one extra training session with NYSA staff for additional \$50 fee.
- All Training sessions will be one hour in length.
- All players will be required to wear YDP training kit to all practices (provided by NYSA)
- NYSA staff coach will attend half of league games, volunteer coach will attend all games.

### **U10 YDP or recreational**

-At U10 players will have a choice of continuing on the path with the YDP or going to recreational soccer.

### **U10 Recreational**

-Teams will be formed using NYSA U10 guidelines and be coached by volunteer coaches.

-Games will be played on weekends.

### **U10 YDP**

-Teams will be formed equally to create parity in the league.

-Each team will have an NYSA professional staff coach.

-Teams will have two training sessions per week with team.

-Players will have the option of using club training schedule and having an extra training session in an age group training session, speed and agility training or goalkeeper training.

-Training sessions will be 1 hour and 15 minutes in length.

-Games will be played on Friday evenings.

-Teams will play a combination of 6v6 and 8v8 games.

-Teams will play in 1-2 tournaments

-In addition to registration teams will pay 65\$ monthly training fees

### **Cost of this program to NYSA:**

Number of NYSA YDP staff coaches U8/U9: 10

Responsibilities:

-Attend all U8 age group sessions - 2 hours

-Attend all U9 age group sessions - 2 hours

-Attend all individual U9 training sessions - 1 hour

- Total of 5 hours per week (20 hours per month) plus 2 games

-\$750 per month for 2 months per season (\$1500 per season)

Total cost: \$15000 (will make approx. \$9000 extra on registration increase and \$50 U9 additional training fee)

Need approx. \$6000 donation per season to make program break even with current standards.

U10 should not be extra cost with monthly training fees.